

**Evanston Masters January Meet
@ Evanston Township High School
Sunday, January 25, 2009**

Sanctioned by Illinois Masters for USMS, Inc.
Sanction #219-004S

**Check us out on the web @ www.evmasters.org
Warm-up at 7:00 am; 400 IM competition begins @ 7:30 am.
There will be a 20 minute break after the 400 IM**

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| 1. | 400 IM | 8. | 100 Breast |
| 2. | 100 Free | 9. | 200 Mixed Medley Relay |
| 3. | 50 Breast | 10. | 50 Free |
| 4. | 200 Mixed Free Relay | 11. | 100 Fly |
| 5. | 100 Back | 12. | 50 Back |
| 6. | 50 Fly | 13. | 100 IM |
| 7. | 200 Open | | |

Entry Limit: 5 events plus relays. 400 IM is limited to the first 30 entries. For event notification, please fill in email address or send a SASE.

Fees: \$5.00 per individual event; deck entries \$6.00 per individual event. \$5.00 per relay. Make checks payable to Evanston Masters.

Deadline: Send your entries and fees no later than January 17th to Evanston Masters/CO Heidi Toft 6440 N. Oakley #2 Chicago, IL 60645.

Eligibility: Must be over 18 years of age and current USMS 2009 registration. In accordance with USMS rules, a photocopy of the registration must be provided with your entry and when you check-in at the meet.

Deck Entries: You can enter via email by 5:00 pm Saturday, Jan 24th without the deck entry rate being charged. Be sure to have payment and a copy of your USMS card ready on Sunday morning prior to the close of deck entry time. Send email to h20devil@comcast.net. Regular deck entries will be allowed, however, until the end of the 400 IM. Deck entries will first fill up the open heats; if necessary, heats will be added to accommodate remaining deck entrants.

Positive Check-in: All swimmers entered after event 6 must check in; all events after #6 will be seeded at the meet.

Seeding: All individual events will be seeded slowest to fastest regardless of age or gender.

Awards: Trophies will be given to the top three scoring teams. Individual awards will be given for 1st, 2nd, and 3rd place by all age groups and gender. This facility has been measured in all competition lanes as required by rules for Top Ten and records recognition.

Location: **Evanston Township High School 1600 Dodge Ave Evanston, IL**
Take I-294 or I-94 and exit Dempster St. East. Travel east on Dempster to Dodge Ave. Turn left (north) on Dodge and continue on for 2 blocks. ETHS is on the west side of the street; the pool entrance is at the north end of the school. There is plenty of free parking in the lot on the east side of Dodge Ave.

Facility: The main facility is a 25 yard, 6 lane competition pool with flow through gutters and an electronic timing system. This fast pool plays frequent host to IHSA state championship meets. Throughout the meet, there is a separate pool available for warm-up/warm-down. There is plenty of spectator seating and free parking. The Evanston Masters are frequent hosts of Masters meets, and we welcome you to our home. To celebrate the first meet of his term, newly inaugurated president Simon Anolick will perform a solo of "Hail to the Chief" just before he swims the 200 fly. This is a 'can't miss' event.

Officials: Two people, Rich Mueller among them, will officiate this meet.